

*worth your Salt*

C.L.Mareydt

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searching for today's discerning women

by  
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## *Context*

*Preface 7*

*Introduction 9*

*Chapter One 14*

Salt of the Earth?

*Chapter Two 19*

Lost Your Birthright?

*Chapter Three 26*

A Little Lower than the Angels?

*Chapter Four 35*

Jewel in a Swine's Snout?

*Chapter Five 42*

The Prodigal Daughter?

*Chapter Six 50*

A House Built on Sand?

## ***Context***

### ***Chapter Seven 59***

Reaping What We Sow?

### ***Chapter Eight 67***

A Virtuous Woman or a Vicious Woman? 1

### ***Chapter Nine 74***

A Virtuous Woman or a Vicious Woman? 2

### ***Chapter Ten 81***

Hide Your Light Under a Bushel?

### ***Chapter Eleven 90***

Being the Change?

### ***Conclusion 97***

***Biography 105***

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## *Preface*

Presenting a discerning study on the impact women have within our society today. This expressive study portrays many aspects toward the social, biological, and spiritual properties women convey within the social structures of life.

***Worth Your Salt*** is based upon the well known Bible verses in the book of Proverbs 31:10-31, and is a comprehensive expression searching the viable foundation for complete womanhood, in every aspect of life within our contemporary society.

***Worth Your Salt*** dissects the disorder and chaos that follows women who are out of touch with their spirit and their connection with God.

Relating simple truths to everyday living, a level of censorship and discipleship is dutifully presented to bring a fresh reality to the spirit, soul, and mind of women.

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## ***Introduction***

Thank you for being here. You are important. Your spirit, your heart, and your mind are important. The inner you that makes you - You!

You have been created for a reason. The reason is so simple, it is usually missed. Whether you are male or female, that reason stays the same.

You were created to walk with God.

You, me, and all of us together. We were created to know God and to walk with God daily. Not behind God. Not in front of God. But simply, with God.

It is not as much of a mind bender as one may think. At the same time it is a miracle of the highest order. But this miracle is still available for everyone.

Walking with God takes the recognition that God really is there to walk with. To even consider

walking with God, is because God has already provided this for you.

You will not be able to walk with God because someone teaches you. You will not be able to walk with God because you purchase a course on walking with God. Although truthfully many continue to strive within these contrived avenues with little success.

You can however freely join others who do walk with God in honor and simplicity. But, they cannot lead you and you cannot lead them. The minute any of us start following someone else, or try to lead someone else, we are not continuing our own personal walk with God.

***Worth Your Salt*** is purposed to present a rant and a rave at the same time. It is a clarion call to all women. It tells you the worst about women, and then turns around to tell the best. Always to provide you with some salt of its own. By the way, you do know salt has healing and cleansing powers? So you will find each explicit curt statement within this book that seems derogatory at first reading. Only to find truthful candor at its best without rancor, providing just enough salt to flavor it's substance.

Will you learn to walk with God, because you read this book?

No. Not at all.

All this book can provide for you is to reinforce what you already know.

What you already know spiritually, soulfully, and mentally; deep within your own being. Sometimes just not comprehending its value or importance. This book will call to your remembrance how wonderful it is to walk side by side with your creator. But it will also rub you raw and conflict with any social religiosity that has crept within your spirit and soul. It will challenge you.

Instinctively you will become aware of the areas within your own life where you know that you are not walking where you really want to walk with God. This book will help bring a healing sensory of wisdom and truth that will help you process further decisions to walk with God.

As the author, I have had this short book sitting on a shelf for several years. Only to pick it up again and again to reassess its importance and relevance. Its premise is purposely stated in directness without undue formalities in writing styles or indued with intellectual liturgies. Yet it presents every woman with a concise study for their own personal discernment and growth.

Based on the scriptures in Proverbs 31, ***Worth Your Salt*** utilizes the spiritual foundation of womanhood. Yet without religious bias contemporary women in this day and age will be motivated to find their own pace and purposed place while walking with God.

### **Matthew 5:13**

**“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men.”**

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## ***Chapter One***

### **Salt of the Earth?**



## Salt of the Earth?

A definitive statement must be made once and for all.

There are no women worth their salt that are without the influence of God in their life.

Meaning in a very plain language, that if you are a woman reading this book and you do not know God or do not have the influence and presence of God in your life, you are basically worthless.

You are like the salt that has lost its flavor and can only be thrown into a pile with all the rest of the worthlessness that this life can unfortunately produce. Flavorless, savorless, and non-distinct.

If that sounds harsh, it is meant to.

If those previous sentences are an insult to your life or life style, well so be it.

If you are thinking ... *what nerve she has in writing like that* ... you are right indeed.

Because basically no one else dares to disclose such judgements or dares to put it out there

into today's spotlight for everyone to read.

Nerve, yes indeed. And, none too late.

But, let me add one more statement.

Most of us women who do have God in our lives and enjoy God's influence and presence, we are not far behind you.

Oh my, there go the eyebrows. Many are close to slamming this book closed right now.

I have now crossed that proverbial line - from enticing information to blatant meddling. And most of you will not stand for anyone declaring such impertinent statements to you.

Guess what?

I just did and I'm glad.

I'm glad I finally have enough nerve to publicly state this and confront other women and confront myself as well.

Because now something can be done about it. Yes, that is correct!

Something, is better than nothing. Especially in this case. For there is far enough of nothingness propagated in this world by all of us.

Especially by us women.

It has come to the point for most women that

to be left unaware is proving to be fatal.

We have become diluted, polluted, and full of toxic waste. We are not what we were created to be.

Instead, we are spreading our disease, and total dis - ease, into our world that is already flooded within every category and full of demoralizing worthlessness.

The number of fatalities are on the raise. Women seem to be in a losing battle and right now and their greatest enemy has become themselves.

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## ***Chapter Two***

### **Lost Your Birthright?**



## Lost Your Birthright?

How long will we as women remain blind, deaf, and ignorant?

How much longer will we be self absorbed, full of worldly pride and conceit? Complacent to the point of complicity.

Or, how much longer will we be religiously satiated and full of doctrinal arrogance and illusions?

How long before we stop flaunting our emptiness along with our worthlessness?

Can any of us stand the real truth about all this? Did you just feel an arrow pierce your heart?

Unfortunately, too many women have already lost their God given birthright.

What birthright is this?

For all intent purposes, our God given birth-

right is provided only as we admit and live a God conscious life. A God conscious life within ourselves, a God conscious life within our families, and a God conscious life within our communities.

Very plain and simple. But apparently not known to many.

Please don't take this as a ploy to get you to into a church every Sunday, Wednesday, and Friday. Nor to drag your children and husbands into benign never ending church services. They do serve a purpose, for a time and season but this goes far beyond the church walls.

Once again disarming statements. Disarming to all. Because we have all missed the mark and fallen short of our goal.

We have forsaken and lost our birthright as Women. Yes, women with a capital "W".

We cannot afford to laugh this off. We cannot afford to flippantly turn aside and stay in our old ways. Our old ways have done nothing, but become older. We cannot afford to be scoffers, or mealy mouthed. We cannot, by any degree, afford to go down this road any further. It will kill us and our households. It will lead to more nothingness, emptiness, worthlessness.

Another dead end as we perpetuate still another generation that will annihilate what could have been the best.

How much longer before we stop and re-evaluate ourselves and our lifestyles? Does anyone know? How much longer will we continue to forsake our true birthright and perpetuate a continued ignorance and blind rebellion?

Perhaps we can make an effort right now.

We can try to take a straight forward look and discern ourselves and our lives. This is a challenge and it can be a remarkable new beginning also.

Our lives are literally at stake. Yours, mine, and our households included.

Not only our natural lives are at stake, but our spiritual lives as well. We need to get back on track. We need a solid path. The right path. An ordered path. The path that leads to life, fresh and renewed. A life that is purposed according to our God given birthright as women.

To engage our birthright that stands for sense with sensibility. A birthright full of truthful honor with integrity. The Godly birthright of beauty and grace with an inspired justice.

As Women, spiritually alive and with a mind set on being part of the change we want to see in the world --- today. Creating households that are in tune with our spirit, our soul, and our natural God given existence. Women inspired of God.

We can then begin to gain back once again, what has not only been taken and forsaken, but relinquished in blind ignorance.

We can regain our God given birthright as women and allow God back into our consciousness.

Our spirits will once again be filled with peace and congenial contentment. Our souls will learn to cease from conflict and fears. Even our minds will be reinforced in clarity and ageless wisdom.

This is our God-given birthright as Women.

Surpassing the nominal standards of women who dreamily think they are living; but who are not really alive at all. Taking accountability with God to preserve the beautiful heritage provided for us as Women.

If you are sincerely interested in experiencing your birthright as created by God just for you, then take a moment and address yourself to God.

Ask God to provide a way for you to come into the true birthright and purposes that have been planned for you.

This only presents a starting place. But to start is better than to never try at all.

It will be the first steps in understanding your birthright and your true relationship with God. This journey always starts with the first step.

Let's take it together right now.

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## *Chapter Three*

### A Little Lower than the Angels?



## A Little Lower than the Angels?

Mankind, which includes women, are created a little lower than the angels.

Biblical?

Yes.

Believed?

Much less.

Less, because the worldly evidence shows little support in this day and age. Especially in the lifestyles of our Western civilization here in the Americas. And in general, globally also.

In most parts of the world, the female is still considered a second class citizen. Yes, in America also.

Let's not be so high minded to think we have made it and perpetuate the attitude of ---

“You’ve Come a Long Way Baby”.

We, as women, certainly have our legal rights, social rights, and our ethnic rights. We have fought hard to obtain what is naturally specified for men. But in the physiological mind of humanity, the female is known to be second to the male.

We certainly cannot change the whole make-up of mankind. Ah yes, many have tried. Only the defining fact in this scenario is; we have succumbed to an underlying lie that has made us something less than what we should be.

Less.

Not really second, not really third. Just plain less.

Inadvertently we have played into the worlds so called schemes and lies and have become suffragette hybrids.

Oh, oh! Stepped on a few toes there. Mine to, so don’t feel too bad.

Guess what?

You can only step on someone else’s toes when you are too close and in the same proximity,

and with little space to move.

Sound about right?

We do not have any space of our own to move. Not enough space to live and think independently or to believe and achieve independently also. To purposely live according to our Creator and our purposed God-given rights.

Woman-kind is now suffocating in the very pollutants we have helped generate.

We have allowed our God-given free will to disintegrate. Our souls and minds are suffocating in ghastly oppressions. Oppressions that hold us in a vice like grip toward useless destructions. Bound without knowing who or what has taken our freedom from us.

Women have allowed second hand dictates to mold them into a lesser form of womanhood. Subliminally dictating to us what we are suppose to be spiritually, soulfully, and even naturally.

We have been hand fed man made lies and blindly propagated our own lies. All in trying to fit into a world that is opposed to our God given rights.

We are even bombarded by our own religious beliefs and traditional factions causing us to be molded into another bastardly image from man made superficialities, instead of the image of God.

Women have been manipulated and become puppets for the marionette hands that are still controlling us to this day. Succumbing into the quagmire of mindless obedience (although we are not really obedient at all) without so much as a pin-prick toward our conscious.

Too many women are blithely stripped without complaint. Stripped of honor, integrity, and the simpleness of womanly decency.

Many women wasting away in lives with shattered relationships. Wasted in corrupt servility within their jobs, homes, and communities. Serving without dignity and performing without honor.

What does all this amount to?

Nothingness and more worthlessness.

A little lower than the Angels?

A lot lower than the Angels is what is seen now within our 21st century.

Women have blindly followed the sultry enchantments procured from the famous advertising executives and agencies, the insidious model makers of beauty and fashion, not to mention the dictations from our so called leaders in industry that we are constantly trying to live up to.

Womanhood pathetically hyped into a magical elixir of ready made Barbie Doll superficiality.

Enough yet?

More often than not, we females are becoming our own enigma. We abuse ourselves in many ways. Aimlessly living in make believe worlds full of soap opera blitzes, fashion magazine extravagances, universal fashion malls of excessiveness, and exclusive mimicry in man-made womanhood fantasies.

Too many women are still chasing insidious dreams of female perfection and sensuality. Ignorantly hoping that the worldly minded will nod with an agreeable glance. Thinking they will soon gain or regain more acceptance and respect, but in the end losing both.

In the meantime, too many women are suffering without even the knowledge of it. Till its weighty toll becomes unbearable.

Many women today are suffering under the man made oppressions of imagined womanhood. Stagnating in this place till the burdensome weight becomes too painful within the spirit, the heart, or the mind. Too painful to bear anymore.

Then what?

That is yet to be determined.

For many women have not reached that culminating factor. The few who have successfully uprooted themselves from the mix of such torments, have also struggled to maintain. For a battle ensues against them that rages mentally, physically, and most of all spiritually.

Ignorance is bliss, or so we hear. But why perpetrate another's dream? An unholy dream at that.

Why be less than what has been provided for womanhood? Why allow ourselves to be what we are not created to be?

Why, indeed.

Is it possible to change? To arise to the position already awaiting our arrival?

The place that is only a little lower than the Angels?

Yes, dear friends, positively!

One woman at a time and together all of us reaching out and helping the next woman beside us. Friend or stranger, we all reflect upon each other.

It is totally possible for this change to occur when we begin to acknowledge the truth that comes our way. The truth that comes our way for that specific purpose in time. Young, old, and in between.

Once again to inquire of God in sincerity of heart.

Once again, starting here is a good choice. Whether this place is brand new to you or a timely reminder to help you on your way.

Once again, this journey starts with the first step. Are you ready to begin your journey? Ready to take another step?

You can accept the truth and understand that your position is truly a little lower than the Angels. Or you can merrily go on your way for another day. It is always your choice and God allows that too.

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## ***Chapter Four***

### **Jewel in a Swine's Snout?**



## Jewel in a Swine's Snout?

Have you ever wondered why you do the things you do, as a woman?

I have. Often and earnestly.

Why do a general portion of women seem totally insecure, timid, and discontent? No matter how old they may be, they continue to relate in their life with little confidence or accountability.

Why, on the other-hand are some women the complete opposite? These females are so personally and socially rude and crude, they are notoriously known to be obnoxious and guttural. Except in their own circles.

Then again, coming from a different perspective, there are women so so vainly distraught in appearing feminine that it takes a routine of paint and stitches to keep them happy.

Such women pouring themselves into the latest hodgepodge of mindless fashion and embarrass-

ingly unclothed just to keep themselves looking and feeling like they can compete and compare.

Having become societies idolized female image these women end up paying an extravagant cost and a punishing penalty in such idiotic self abuse. It all adds up as time goes by.

Is this really what women believe the men in their lives want to see them look like? Is this the feminine image they desire to portray to their sons and daughters?

Who is setting such fashion standards that seems to direct most women toward such stupidity and downright immodesty? Age does not seem to matter, ones station in life does not seem to matter either. There seems to be an overlapping universal experience that propels women to accentuate their femininity, mainly their bodies, in whatever way they can to be noticed.

But again, please don't tell them that.

They will let you know in no uncertain terms, exactly what you can do with your suggestions or critiques.

What on earth makes the female mind so schizoid? Why such blatant contrasts? What has

really become of womanhood? Just who is teaching whom? Where are women today getting their ideals and ideas from?

It appears more often than not, it is the blind leading the blind.

Yes, and these women are falling into the same proverbial ditch together.

There is another old saying that comes to mind: “You can dress them up, but you can’t take them out.” It does seem apropos.

From young pre-teens to the matured, females have progressively adulterated themselves. I am hoping that they do not know what they are really doing. Once again, ignorance must be bliss.

Too many teenage girls are getting their feminine wiles from the entertainment magazines and not from their mothers heart-to-heart chats.

Mothers instead have seen the raise of their daughters rebellion and anger played out into scenarios full of obscene language, obscene clothing, and repugnant belligerence in most of their personal and social morals.

Respect is not the language of households

within the 21st century. The moral leadership from mothers to daughters is not considered first most, nor is the relationship of respect and honor. It is instead a lethargic, lackadaisical, ignorant, whimsy of emptiness in raising female protégés full of more worthlessness.

This seems to be escalating to the point of ruination aimed at the youngest, which in turn assault the older as well. We see the evidence all around us, but apparently it is like not seeing the forest for the trees.

Who am I to say all this?

Just another women and mother with an opinion processed through years of observation within a generalized cross section of society. A cross section that is viewed and heard each day.

Yes, each day.

Seeing it played out continually in voyeuristic television programs, videos, movies, and magazines. And, right on the streets where I commute.

Daily seeing the young and old perpetuate a womanhood full of uncanny obscenities in language, dress, manners, and general attitudes. The economic status of a household does not seem to

bring any relief either. Rich or poor, femininity has gone astray.

Women seem to be decked out for an orgy, day and evening. Oh I do admit, there are many fine ladies left in this world, but from where I stand they are becoming a dwindling minority.

But it is never too late to begin a change. Once again, it can start right here. If you hear this clarion call you are the one. Begin your change now.

God always makes room for change and for second chances. Even third and forth. For such mercies are provided for use continually. As long as we are willing. As long as we are sincere. All we need to do is begin with God again.

This part of your path, this journey is an experience you will not want to miss. But it must start with the first step to make it all worth while. Whether you are just starting or just taking another step on the path or you have been on your path for years, it is always worth your while.

Is it worth your while yet?

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## ***Chapter Five***

### **The Prodigal Daughter?**



## The Prodigal Daughter?

Within our new 21st century, childhood is subjected to grand mal over exposure well before the age of consent.

Have you considered all the mindless greed, deceit, and pure indecency children subliminally absorb throughout the day. Little less weekly, monthly, and yearly.

Children are introduced to complex social duplicities in violence, sex, crimes, and 101 ways toward self indulgence well before the age of puberty. It is this constant barrage within society that expands from their parents, schools, environmental lifestyles, educators, leaders, and right on to their own predetermined DNA.

Are you noticing the brainwashing effects from ad campaigns that are targeted specifically toward children and young people? Have you noticed the influence television and marketing techniques have upon them?

So what if our children are indoctrinated with enough junk propoganda before their twentieth birthday to last them the rest of their life.

So what if some are now so rebellious that they insanely attack their classmates. Some in a bloodbath assault that makes Dillinger look like a novice.

Has anyone else seen what once was a darling little girl become so caught up in rebellion that she looks like she came right off the streets of you know where. Many take up a persona that presents a cultural darkness. Inflicting their minds, clothing, and general dispositions to the point of projecting depression and self made oppressions. Mainly because they are lacking more than they dare to truthfully admit.

We know that rebellion is a generalized consensus in breaking away from social constraints and conservative boundaries. But on the scale that we are witnessing such rebellion from our young people nowadays, it seems that violent rebellion is a universal epidemic. Then if this is not obvious on the outside, it is slowly germinating below the surface on the inside.

This is not to malign the cultural order that many children and young people follow and never

seem to bring disruption into their life or anyone else's.

Many children do grow up to be well balanced adults, who actually contribute to the general well being of this world. But, there is a growing number of disenfranchised children and young people going out into a world that is bent on marginalizing them to the point of oblivion. Male and female alike, but again the female of our humanities bears the brunt of this assault.

Why?

Because she bears the purpose of regenerating the generations to come. Plain and simple.

Young women today have the statical facts realizing that 50% of all American marriages end in divorce. It is also well known that spousal abuse rates are on the rise within homes, along with the known issues of raising rates in depression and suicides. Family economics playing a major baseline in most cases of reported violence within marriages and personal relationships. This in turn leads to further breakdowns within families and family lifestyles in general. It definitely is not easy.

Education is assumed to alleviate such cause and effects as the ones named above; but remains

as an illegitimate cure-all providing only minimal relief to most.

For young women growing up today in America, their spirituality seems to be one of the least important subjects on their mind or anyone else. It is not a common mothering feature to support a daughter in the development of their spirituality. Little less to provide a foundation of spiritual necessity and guidance.

Spiritual knowledge does not seem to be supplied outside of the church going family arenas. Even within the church community it is more often noted that young teens start drifting away from their childhood church and the church community with its related endeavors.

Perhaps part of this is the natural. But our society today does not effectively endorse the development of faith or the ongoing knowledge of human spirituality with God.

We are hard pressed to find reverential faith and spirituality as a common denominator within our society. It is a clear picture that it is not found in the average American homes either. Homes that are supposedly raising the next generation to continue on within the world we are helping to create.

Women here are facing one of the greatest challenges that our society has ever had or will have.

We have allowed our ourselves and our daughters to become disconnected autonomies within a world that insulates none. We are feeding ourselves and our daughters to the wolves of each generation. Many have gone that way and the number is raising daily.

Without a fortified backbone of true faith and spirituality we are leaving a society devoid of its creative essence spiritually, soulfully and eventually naturally. Every generation progressively more innate than the last.

We are creating our own prodigal daughters. In mass, now.

But there is still hope.

The hope being that we will each start reaching out to help. That we will respectively realize that there is always someone else that you are reflecting upon and know that there is always someone else reflecting upon you too.

With God's help we can become accountable and truly loving as Women. As Mothers. As Daugh-

ters. As Sisters. As Grandmothers. As Aunts. As Nieces, and on through the generational lines.

Calling all Women, all Daughters back home to God first.

This is where it begins and this is where it ends. Our life is a journey? A path. What is your journey saying about you. What are you saying about your journey? What path are following?

We can remain as prodigals or we can begin to understand how a daughter of God walks with God.

God already knows you as a daughter and so should you.

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## ***Chapter Six***

### **A House Built on Sand?**



## A House Built on Sand?

Womanhood and motherhood go hand in hand. Not all women are mothers understandingly, but the natural instincts of motherhood are there regardless of their awakening time or their usage.

By instinct most females desire to convey their feminine ways, from childhood on into adulthood. Women enjoy expressing themselves through their natural physical demeanor and their talents. Each personifies their own personality in natural attributes, soulful talents, and psychological inclinations. So it should be spiritually also.

We often see impressionable tots as they watch their mothers and mimic them. During this time they receive valued information concerning right and wrong, good and bad, what is acceptable and what is not acceptable within their own environments.

Even if not spoke verbally our children, male and female alike, will attune themselves to the

psychological dictates of their surrounding circumstances as they progress through their lives. It is usually the mother figure who has the most direct and first influence upon her child, especially in the early formative years.

Reportedly, by the age of one year old most children have already received the subliminal emotional directives that will motivate them for the rest of their lives. Have you ever suddenly known yourself to be doing something exactly like your mother use to do? Out of the blue, you will begin to see yourself through your own mother's eyes. This goes for the good, the bad, and the ugly.

Sometimes to this day, when I look in the mirror, I see my mother looking back at me. Unconsciously her impressions have imprinted upon me in powerful ways. Perhaps I am unusual in this manner, but I dare say I am not.

Motherhood possess a power all its own as well as general womanhood does also. It seems we as women, young and old alike, bare a great influence within our surroundings by our countenance alone, that is only then supported by our spoken words.

What is subconsciously imprinted upon our childhood as little girls performs continual direc-

tives in supporting a mental, spiritual, and natural well being as maturity continues.

Perhaps we are not as independent as we may have thought. We may try to turn the tables, we may rebel and break out to forge our own paths. But time does prove all things. Inside and outside, within the spirit, soul, and natural body our life is forged according to our emotional, soulful, and mental cognition. How much more with God?

As it has been so eloquently quoted to me before ... "You cannot fool the Universe".

Meaning simply that there is a universal pattern of set laws within life that whether seen or unseen, do correspond to circumstances and situations within our own human life.

The ordered presets within the universe do embellish our life according to plan. And I dare say, according to purpose. Often unseen and unheard, yet once known the positive order is clearly defined.

With all that being said, it now stands to reason why chaos and disorder can exist right along side peace and order. The world was never meant as a paradise outside of its proverbial purpose. What was once ordered, has become disordered in so

many variations.

As humans, many do strive to regain the order that leads to the simplicity that was directed from the beginning. But it seems that many do not strive at all except in pure contention toward any such purposed plan.

Is this the discourse we now find ourselves imbued within, mentally, soulfully, spiritually?

Is this why so many women are showing forth such dissatisfaction toward their state of affairs?

Pointing directly to womanhood and motherhood, we see too many who have literally lost their way. Too many who are living disjointed and wasted lives. These women then cause their own loved ones to follow suit.

Every generation throughout time has begotten its own sorrows and heartaches. It is not the fault of womankind alone. Historically mankind has survived through the most pleading hardships that can be imagined. Resilient to the end.

The one saving grace out of it all has been our remaining humanity. A strong foundation, built upon the Godly order that life is purposed and

meaningful. But unfortunately this it is not yet awakened in some, and usually cannot be awakened till earth changing events take place.

There is a Godly sense of humanity that will reach out past its own selfish and self made boundaries. There is also an awakening point, known as the proverbial fork in the road that immediately constitutes a vestal change.

It is in these moments that a woman will return to her rightful mind and senses. A God-given sense of balance, morality, integrity and the knowledge of Godly relationships.

It is in those moments of awakening that a mother remembers the soul of her dear child. It is in these moments that a woman finds her strength in spiritual balance, and is able to shake off the sleep of over indulgence and the dreams of worldly glories. Looking forward to setting a foundation built on eternal strengths.

We can then begin to establish our homes which will stand strong through the storms of life, the controversial winds of destruction, and the tides of soporific enchantments.

We can purposely build our homes to support our loved ones. Sharing our strength and honesty

with genuine thoughtful wisdom. Then we can begin to regard ourselves as more than what the world has tried to label us and mold us into. We will be able to express a Godly influence to our loved ones. Making it a loving priority within our hearts that will help us all to stand against all social absurdities of the day.

We can then begin to show forth a beauty beyond fashionable descriptions, and a grace that proves all things with God.

Perhaps then our families will begin to look at us as women, in a different light. Perhaps our children will see something they have not seen before. Perhaps then we won't mind the apples falling so close to the tree.

With God's help we will be entrusted to help build our homes spiritually within our own hearts and naturally within this world. We will also be able to witness our homes and families flourish and remain strong. Our household will reflect an image the world cannot provide or purchase.

Yes, this is available for you and for me.

But we will never be able to do it by ourselves. If we really care. We all have the same opportunity in front of us.

The opportunity to take the first step toward God or a reminder to return to what you once left behind with God.

God in turn promises to continue to help us accomplish everything that is purposed for us. Everything that is purposed for our households, and for our families and relationships.

We can then build our homes on a sure foundation, not a religious format, but a loving free foundation with God.

It does start with you right now. Give yourself the chance or the change that is desired. Your foundation will be part of your legacy for your entire life and your family.

*worth your Salt*

## ***Chapter Seven***

### **Reaping What We Sow?**



## Reaping What We Sow?

Most of us come to a point in our life when we ask: “Why God? Why?”

Have you ever received an answer?

Have you really wanted to receive an answer?

I believe many of us would be totally shocked if we did receive an answer. It would literally blow our minds if God, in that very moment, spoke back to us and said perhaps something like this:

“Because (put your name here) \_\_\_\_\_ , you asked for it.”

Or maybe you would like a more religious connotation to that response like: “(put your name here) \_\_\_\_\_ , you are reaping what you have sown.

Usually in such moments we wouldn’t want to receive either of those answers. Instead we are

generally looking for sympathy and compassion, especially so from God.

But as we mature in our lives we do need to come to a point of accountability for our own actions and reactions. Even so, we often become our own enigma as we continue down paths of unchecked superficiality and prideful infiltrations. It is time we as women faced this truthful God given revelation.

Today many mothers just shake their heads in disbelief at the misbehavior of their offspring. Throwing up their hands in disparate displays full of irresponsibility.

Mothers seeing their daughters trip out of the house in costumes that are literally half there. With not so much as a word toward them. Only they themselves have led their daughters by dressing in the same disguise of so-called questionable fashion.

Many children now blatantly provoke their mothers into public arguments (little less the private home arguments that are fought) with extreme temper tantrums. To which these poor mindless mothers usually are on the losing end.

We could go on with countless examples, but surely you get the gist of this.

Cause and effect? Effect and cause?

Yes, on both accounts.

Reaping what you have sown?

Yes. Unfortunately so.

It is the same old story, yet that old old story just it is not told anymore. It is not rehearsed to children, little less do adults really know about it.

The fact still remains whether anyone likes it or not --- you will usually receive back what you have given out.

This is in the spiritual realm, the mental realm, and physically realm. In fact it is so in any known realm.

It almost sounds trite even while I am writing. But dear reader, I have experienced this in my own life far too many times to put it aside as trite, or as an ole' wives tale, or some religious theory, or as some misbegotten fable.

It is the literal truth. We do reap what we have sown.

It is most purposeful if we would each start

taking account of our past experiences. We would instantly begin to see patterns emerge. These patterns reflect part of our life's blueprint. It will present exactly what we have imprinted upon this world.

To all the mothers, daughters, sisters, grandmothers, granddaughters, nieces, aunts --- you are the general populous of women on earth today. You, my dears, are reaping what you have sown.

Each of us are begetting what we have begotten. Whether in the natural, the soulful, the mental, or the spiritual. Very simple. Very understandable.

Whatever area of life that is being realized at the moment, the law of life is working its true order in your life. Known or unknown.

It is time we all take this to heart and become accountable for our own lives and the lives we influence. What we bring into our own lives and what we bring into our families and communities is of extreme importance.

This is not science fiction. This is not new age material. This is not even religious. This is just the plain truth. An abiding truth that will outlive us all.

We are relating a simple truth in a plan God

creatively ordered within the universe. Ordered to provide an aid. Ordered laws to accommodate circumstances and events. It is part of the universal laws, just like the one that says in a very simplified language --- “What goes up, must come down.”

The fact remains, each of our actions will have certain and definite reactions.

Are we willing to look at ourselves in the mirror of such truth?

Are we willing to face the consequences of our actions? Of our reactions?

Are we willing to responsibly reap what we have sown?

I dare say only if we have hidden the truth in our hearts and rely upon God to provide us a constant grace and mercy to face each day - truthfully.

With God, I dare say, it will all become much easier. Without the knowledge of God in our lives or a personal relationship with God, it all speaks for itself.

Let's take our part with God and allow ourselves to be helped by God. Perhaps then we will begin to reap what we really would like to reap and

to sow what we really want to sow.

This evolves out of our action and reactions as women and home makers. This evolves out of our thoughts and intents as women and home makers. Our hearts remain as an open book toward God and toward our loved ones. Known and read by all.

Having accepted this we are motivated to perpetuate accountability toward the good for ourselves, our households, our loved ones, and our extended friendships and relationships.

We have stepped onto the path with God and know that our sowing and reaping is for a continued purpose.

*worth your Salt*

## ***Chapter Eight***

### A Virtuous Woman or a Vicious Woman?

1



## A Virtuous Woman or a Vicious Woman? 1

What else is there to say on behalf of woman-kind?

Much to be sure. Pros and cons alike, let's cover a few more relative points.

In actuality women have been the stay of the nations and the heartbeat within its homelands.

Women are the central cause and influence that leads mankind from behind the scenes. Women fortify the very strength and performance of mankind's stability. Interlocking the threads of history with marked guidelines naturally and spiritually for the homes, the communities, and the reigning governments, even within religious prerequisites.

Women bring their qualified sensibilities to the surface in response to the dictates of time and circumstances no matter where they may live.

Very ethereal in response, wouldn't you say?

After all, we must remember that women are the weaker sex.

Right?

Let's take into account that women generally do not have the physical strength men possess. They are known to be physically weaker, emotionally dependent, and generally more unstable and unrealistic. Women are prone to be timid and shy, plus they are much gentler than their male equivalents.

Women are naturally predisposed to please, to nurture and to provide support. They are the quintessential nest builders, the proverbial homemakers of our societies. But women just are not predisposed with the qualities and testosterone gumption that men are naturally born with.

After all, it is not women who are in charge of nations. Women are not the main force in all the destructive onslaughts that plague and threaten our countries and civilizations. It is not women who allegedly set their sites on conquering kingdoms and diabolically infringe upon others borders, to plot and plan and annihilate man and beast alike.

Women are not the heroic planners of the great civilizations that we are now part of. Nor do they set the course of the governments or the dic-

tates of business within the corporations of our societies.

Didn't we just mention all of this in opposition in the first opening paragraphs? Where do the contradictions arise?

To remember correctly, women have been on the scene of history through it all!

If not on the scene, then in control of the scene right along with the great men of history and the history makers of today that are now in the lime-light.

If we cast blame upon the male of our species for perpetuating their cruel destructive character, or for all the oppression and destruction that follows in their wake, then it comes to bear witness that women, the fairer sex of the species, have been right along side them all along. Right along side, if not behind the general cause of men doing business as usual. In the worldly content as well as in the religious context.

Truly it seems that we have all been cursed right from the very beginning.

It seems women-kind are just as cruel and vicious as the men folk they follow or lead. It liter-

ally does not make much difference between male and female. We are each counterparts and reflections of one another. As sad as that may be.

What if anything, have we as women contributed? Contributed to our loved ones, our homes, our countries and our nations?

If we really were the better half, why does it now not stand for something better? Where is our feminine influence focused?

Could it be, we women are just as vicious as the men we cast the blame upon?

Virtuous women? Mmh --- is this ringing any bells anywhere?

It surely is here. Since I take myself into account with all of this as well.

I stand in this mist of a perverse generation. A perverse people indeed. Perverse women indeed. Wherein, we are all unclean.

I am sure this will insult many intellectual minds out there. Many religious minds as well.

It is meant to be an insult. For we have passed the point of congenial accountability. Formalities

and traditions have already flown out the window and the night is far spent. We have literally failed one another.

We have indirectly severed our own jugular vein and have spilled our blood upon the earth in manifold reasons and times. We have become part of the walking dead.

Yes dear one, you.

Yes dear one, me.

Has the time come for a change for you yet? It most definitely has for me. If God does not become our help, we will be left in our own worthlessness. Only destruction will follow our paths. We will become as sojourners of the living dead.

Vicious to the end we will deny our own blight. Women without honor leaving ourselves, our children, our husbands, our families and countries without substance.

Change needs to come. Change needs to come quickly. For you and for me.

*searching for today's discerning women*

## ***Chapter Nine***

### A Virtuous Woman or a Vicious Woman?

2



## A Virtuous Woman or a Vicious Woman? 2

A solid consensus cannot be formed until truthful points are surfaced, it is therefore needful to continue this expression in hopes to convey how womanhood has truly fallen.

Yes, unmistakably it is all relative to the perception of each individual and only the person who is searching and desirous of learning will be affected. But rest assured, we are all held accountable for our own lives, no matter what ones beliefs may be.

Spiritually, soulfully, and naturally our lives progress according to our actions and reactions within these three vital areas of our being. What we focus upon in our life is what we live. It becomes who we are, the sum of our being.

Within the 21st century, we women are getting our just desserts in more ways than one. We are seeing the effects today spiritually, soulfully, and naturally also. It is totally visible for all to see, if they so choose.

For instance, take a look at all the peripheral pursuits most females are engaged in from the youngest to the eldest. If actions speak louder than words, then we should all put ourselves back onto the drawing board and start over.

The plethora of lies that consume womankind is a bondage that imprisons the female mind, soul, and body.

Far too much importance is put upon women to mold their own image into an entertainment figure look alike. A variant soulful control dictates women to gain in public status at the cost of losing their own soul --- and many have.

Mind blowing games are conceivably thwart against public enemy number one, men. Lies perpetrated upon lies, until evil is called good, and good is called evil.

Spiritually, womankind has steadily declined.

If we have not received outside instructions from religious professionals, ongoing self help seminars, and personal new age gurus --- etc --- we would not know our own identity within society as women.

Once again, the majority rules in this case.

The fact remains that most women plainly are not aware of their own validation as Godly spiritual beings. They have not come to realistically think, yes think, about their own spirituality.

We are not pointing out the few who have successfully migrated outside of the masses that we are now exposing. There will always be the few, and we can thank God alone for them. But the majority of women today are not able to sensibly tell you about their relationship with God. Most are unable to relate what they believe, without the laborious references of traditional doctrinal support.

This by no means is saying that we need not take our start in the awareness contributed by these resources so generously supplied by our churches and religious leaders. But at the same time it is necessary to progress from the nursery school and graduate into spiritual functionality. After all, we don't allow our children the stagnation of nursery school for their whole educational life span. We should therefore encourage the same, if not more, for our spiritual education.

No, this does not mean we become the next generation of religious pastors, preachers, teachers, and self sustained hypocrites. It means we are to

be spiritually prepared and nurtured to live and be aware of our spiritual life.

It should be just as natural to be a spiritual woman of purpose and direction as it is to be a woman properly educated and equipped to take care of herself within society and to add to society.

The challenge is for our womanly attention to focus on the ultimate importance of our spirituality. For our sake, for our loved ones, and for our communities sake as well. Too little spirituality is nurtured and too little is usually too late.

Unfortunately it seems to take dramatic earth changing events to bring most women to their senses. Especially to their God-given senses. It is usually through some trauma that will cause most women to look for help. That is help outside of our own limited means.

Help outside of the resources that seemed to have worked in the past. Finding that the void within cannot be filled with anything else but the genuine presence of God.

If that sounds too high and mighty to you, then it is presumedly because you have not experienced the presence of God with you.

This is part of the calamity of not being connected spiritually inside or outside to God. This is the void that causes women to be vicious women instead of virtuous women. Plain and simple.

Truth tells us that we cannot change ourselves. We are unable to make such a needful spiritual change without the gracious help of God. For God is a Spirit.

Only Spirit can beget spirit. Just like the flesh can only beget the same.

If this is the kind of spiritual change you are looking for, you will receive it.

Your whole heart, soul, mind, and body are weighed in the balance in one moment of pure truth. God given truth.

Before you even thought of God, remember it was first --- God thinking of you.

Now do you remember?

Now do you believe?

*worth your Salt*

## ***Chapter Ten***

### Hide Your Light Under a Bushel?



## Hide Your Light Under a Bushel?

Since we have been invited to this world that we now live in, it seems apropos that we would want to know who invited us.

This is not our earth. Yet we claim it as our own.

We did not create this earth. Yet we constantly shift it around in one form to another like it is ours.

We do not sustain the life upon this earth. Yet we still take it for granted more often than not.

We do not know what forms the bases of life upon this earth. Yet we philosophize and generate our own theories that continually change according to our knowledge at any given point in time.

Perhaps, just perhaps, that is the way it is all supposed to be.

Maybe we are all here just to expose the pos-

sible reasons of why we are here. To find out that we chose to be here and why we chose to be here. Possibly to reinforce the truthful fact that God already knew that we would be here.

Think about it.

The majority of women's knowledge in perspective to their relationship with God is haphazard at best, it can only follow suit that most of their earthly relationships would be the same likewise.

Helter skelter, up side down, and turned around, inside out and all about. With out rhythm or reason. Here today, gone tomorrow. Playing the odds like we are at a gambling table. Trying fate, good luck, bad luck, throwing the dice of life again. Horoscopes, self help seminars, teachers, preachers, make overs, make unders, new mates, old mates, children here and children there --- you name it, you've tried it.

Plainly speaking, this is the mental lethargy of spasmodic relationships in most women's lives nowadays. Especially evident in any relationship concerning God. Responsibility is gone with the wind. Discipline is down the drain. Perseverance is old school.

Oh yes, we most certainly have many leaders,

teachers, preachers, and high profile professionals showing this kind of life style is acceptable. Nothing remains hidden or behind closed doors in this day and age. Everything is out in the open, with no borders or walls. Why not women as well?

Our society has become so homogenized, desensitized, and demoralized, that most accept what is happening without questioning. Including what is going on in their own lives.

A voyeuristic mentality corrupts at every age level. Leaving dumbfounded women the brunt of physical and mental brutality, obscenities, and mindlessly profaned to the point of oppressed obsolescence.

Young and old alike have believed lies full of disrespect and irreverence. Women have let down their guard and allowed a disintegration to creep into their souls and into their homes. A literal deadly darkness is spreading like wild fire.

Right in front of everyone to plainly see a spiritual and mental darkness is prevailing, especially in all the public arenas of our society.

Foremost in our social entertainments there is a dark insidious greed toward idolatrous luxuries to appease our heavy darkened souls.

Masked within our life styles is a disease of dis --- ease. Uneasy, always striving, and full of strife.

Everyone constantly baiting the line and competing to succeed at whatever the cost. Man against man, woman against woman, man against woman, woman against man. The games continue.

An unceasing barrage of rejection, oppression, and disintegration within the spirit, the soul, and the natural body.

How long will we remain in such darkness?

How long will we shun the light?

It seems women would rather gloat at being a known as a big time b ---, then take a genuine soulful pride in being considered wise and gracious.

Un-seeming characteristics are applauded, rather than the reinforcing of personal revelations in the presence of God.

Does any women hear this bleating call?

Do any women out there understand?

We do not need any more syrupy Polly Anna

blogs. We don't need more flowery web sites proclaiming the 10 latest do-dads of true Christianity. Nor do we need more books on how to become a better homemaker, or how to satisfy a husband. Out with the pie in the sky attitude and the aromatherapy plethoras.

What we need is a good old fashioned kick in the pants.

We need to quit going around the mountain again and again. Getting nowhere.

We women need to go up the mountain instead!

We need to meet with God.

God is not found in the base camps. You might hear of God and all about God; but you will not find God in the base camps. Society cannot provide the presence of God. All our societies, in what ever area of life you may be in, have only the smallest reflection of what once use to be the presence of the living God.

Stop looking where God cannot be found.

If you are not willing to arise, to separate yourself, to come out from among the crowds ---

you will not find God. You will remain a woman without the presence of God.

So be it.

That place of choice will always be there for you, and for everyone. But if you are at the point in your life where you are able to see this as truth and it really lights a path for you, then jump on it and run up the mountain toward God.

Get out from under the bushel. Break free from the barriers of delusion and traditions that have held you bound in darkness long enough.

Find God right where you are at!

Remember, that even coming to this point in your life, means first that God already initiated this process and has already provided a way for you.

So let there be light!

Let there be truth.

Let there be peace.

Let there be you and God together.

For within our own relationship with God we

do come to know the beauty and Godly light within every relationship.

That is exactly why so much darkness abounds right now. Do you see the difference? Do you hear that clarion call?

Don't allow yourself to be under any man made or self made bushel of darkness. If you desire the light of Godly hope and strength that is full of life, then you must push past the darkness and reach out toward God.

That place and that path is already prepared for you. But it does take your acknowledgement. Declare your need for that place with God. Declare your need for that path with God. Declare your desire to walk with God.

*searching for today's discerning women*

## ***Chapter Eleven***

### **Being the Change?**



## Being the Change?

Everything about our lives comes down to one moment.

That moment is right now.

Now is the moment.

Wherever that moment finds you, you can rest assured that the next moment is being formed because of this first moment. Change anything right now and its affects will be shown and soon lived.

It is time we as women realized that we affect everything we do. We affect and effect everything in our lives spiritually, soulfully, mentally, and physically. Whether know or unknown.

We do affect and effect our own circumstances in life and our own daily situation. We do have the power to affect and effect our lives for the good, which is still referred to as the light; or for the evil, which is still referred to as the darkness.

Simple analogies for a complex universal God inspired law. A universal law which functions on all levels within our lives. Again, whether known or unknown.

Each moment we are directly and indirectly choosing our future. Sometimes knowingly, sometimes unknowingly. But choices are being made and those choices will be lived. Consciously with God or unconsciously without God.

There have been a couple suggestions about this book, that perhaps it needs to be more intellectual and educational. Some have even ventured to say it is not specific enough. Probably each is correspondingly correct. Only it has not come to my spirit as such, so it cannot be done by me in those forms. I will let such writings remain with the intellectuals and the highly educated. This book is strictly a reflection from my spirit to yours. Probably not presented as a pristine publishers edition for there are many grammatical flaws most assuredly. It is not intended to be a Pulitzer's Prize winner. It will not fit into any such category. So be it.

The world supplies more than plenty of intellectual and educational information for women in general in any area of life, plus in any spiritual direction needed according to anyone's interest. Take your pick, all for what it is worth to you.

I as an author would rather have one sentence from this book sink into your spirit and make room for itself within your next heartbeat, then to present another articulated thesis or another book that tries to reprogram your life. It is far more conducive to allow this book to filter into whosoever's life, allowing it to flow without further man-made hindrances or restrictions, including my own.

So much has already been expounded upon for women in every genre available that I purposed this book to remain as simple as possible in order to reach as wide a venue as possible. It is for all women in every walk of life. No matter age or culture. Each will be able to identify at will. Each will perceive the change they desire and will be concerned with their own reflections according to their own perspectives.

Every woman finds her own fulfillment in life and 100% more so as she inquires of God and allows God to be part of their life. Each woman finding the difference between living a life and having life. Once again, very plain and very simple.

Spiritually, soulfully, and naturally this life is more than what is seen, heard, understood, or comprehended. Even when we believe that we have reached a point of great knowledge, it only brings

us back to a point of not knowing again.

For example: If you believe you know all about God, it only stands to reason that you really do not. The minute we become overly self confident in our own intellect, education, presumptions, beliefs, unbeliefs, talents, ambitions, and whatever word you can add to this list --- we will reach a point of being undone, bewildered, confused, and unlearned --- once again.

All of this is just another beginning. Another point of being.

Each point of our being changes us, inside and outside. Concluding in us becoming the change. The change we want to see in our own life, then in others lives, and in the circumstances of life altogether.

It is all a working out of our being. Our being finally in the presence with God and knowing it to be so.

Moment by moment. Choice by choice. Change by change.

Each a new beginning allowing us to know God with us in a different way. Till the next change, and the next and the next.

Being the change we want to see in the world today, becomes us and we become part of it. Making each day fresh and new because of God with us and our being with God.

Can we ask for anything better?

Can our lives be any fuller than that as woman? Can we imagine more than what our Creator has planned? It is still the best plan purposed for any woman and it will remain the very best. But we do not know till we at least try. Till we choose.

Do you see that from this perspective all things are possible?

What a treat, if known.

What a delight to share.

What a journey to walk.

Walking with God, and walking with friends of God.

*worth your Salt*

## ***Conclusion***



## Conclusion

A genuine “thank you” in appreciation to each woman and each man who has picked up this book to read and hereby has come upon these final pages.

You are an exception.

For you would not be here reading if there was not a spectacular moving of your spirit to propel you onward. You are the one who is digging in the fields and finding treasures. This book is one among many treasures for you. It will not end here.

You need to know that God alone has initiated your spiritual journey. This part of your journey and even this very moment on your path.

If you leave with only one thought, let it be that YOU are the change the world is looking for.

It is time to BE the change YOU want to see in the world --- today!

You must accomplish this with God, for anything less is just adding more to the suffocating rhetoric that has already approached the critical level. Let us not add more worthlessness upon worthlessness

Allow God to permeate your being, instilling once again a righteousness full of grace and love. Become the woman or man you have always desired to be, and start living with a genuine truthful purpose with God.

No, it will not be easy.

It will not match up to what the world provides and promotes with all its sophistication and education. It will not bring the riches of the world to your doorstep, nor will you have never ending success. But that is not what this earthly journey is all about.

Instead, it will bring you into the unending richness of God's presence with you.

Comparatively speaking, you can ---“gain the whole world and lose your own soul”.

Don't allow that to happen. It really is more worthlessness that can be avoided altogether.

You do have a choice. It is never too late. You have already taken one step in the right direction by being here and reading this book. God will show you the next step available that is prepared just for you.

It really is a win win situation for any woman or man. Can anything compare to God with you, now after knowing it is possible to walk with God?

Be the ‘salt of the earth’ that God speaks about. For yourself, your loved ones, your children, your families, and the circles of life that will flow around you. You can make the difference.

You are appointed to preserve, heal, and bring a wonderful flavor into life that will automatically be worthy of sharing with whoever comes into your life. But only as you continue on your path with God.

Most of all remember, it is never too late. God is closer than you may believe or have been taught.

In fact God is right here, right now.

Start finding our for yourself and begin the change you want to be!

Be the change you want to see  
in the world --- today!

## **Proverbs 31:10-31**

A wife of noble character who can find? She is worth far more than rubies.

Her husband has full confidence in her and lacks nothing of value.

She brings him good, not harm, all the days of her life. She selects wool and flax and works with eager hands.

She is like the merchant ships, bringing her food from afar.

She gets up while it is still dark; she provides food for her family and portions for her servant girls.

She considers a field and buys it; out of her earnings she plants a vineyard.

She sets about her work vigorously; her arms are strong for her tasks.

She sees that her trading is profitable, and her lamp does not go out at night.

In her hand she holds the distaff and grasps the spindle with her fingers.

She opens her arms to the poor and extends her hands to the needy.

When it snows, she has no fear for her household; for all of them are clothed in scarlet.

She makes coverings for her bed; she is clothed in fine linen and purple.

Her husband is respected at the city gate, where he takes his seat among the elders of the land.

She is clothed with strength and dignity; she can laugh at the days to come.

She speaks with wisdom, and faithful instructions is on her tongue.

She watches over the affairs of her household and does not eat the bread of idleness.

Her children arise and call her blessed; her husband also, and he praises her:

‘Many Women do noble things, but you surpass them all.’

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised.

Give her the reward she has earned, and let her works bring her praise at the city gate.

*worth your Salt*

Author Biography: C.L. Mareydt

Considering everything in balance, a biography would be a very insignificant statement of this author's life.

From this perspective a choice has been made not to take up your time and this space in presenting such.

Simply put, everything presented here within this book stands as a personal autograph for this moment in time and energy. The rest is still forming and changing as required, moment by moment with God.

If you are left with anything from this book may it be as simple and austere as this wonderful quote - from which I embellished it further to not only fit my own life, but for everyone's edification as well:

**Be the change you want to see in the world --- today!**

My desire for this book is to creatively inspire with an expressive truthful candor, mixed with Godly love and grace, for everyone to benefit therein.

*worth your Salt*

*searching for today's discerning women*